



February
2010

UNGOOROO

Marrung-Ku-Wiya

To Proclaim or Make Known

Issue 005 Feb 2010

'SugarMob'

Ungoороо Aboriginal Corporation in Partnership with Diabetes Australia would like to present this opportunity to members and other members of the Aboriginal community to participate in this very educational and potentially lifesaving project for our community.

Below: Andrew Fernando—Aboriginal Health Worker—Diabetes Australia, Denise Hedges, Diane Hedges, Jenny Campbell, Aunty Pansy Hickey.



These workshops will be held every Third Tuesday of each Month. We will encourage that everyone brings along their meters so we can clean and calibrate each item. Each event there will be a lucky door prize, where we will be able to give a voucher or perhaps a cookbook to the winner. We will organise a podiatrist for some days or try to get anyone the people want after all this program is for the community. We will also teach people to maintain a footcare program of their own between gatherings.

The dates for workshops are below:

SUGAR MOB

10am to 2pm at

UNGOOROO ABORIGINAL CORPORATION
26 George St, Singleton

16th March - Understanding Tests

20th April—Cooking on a Budget

18th May - Moving More At Home

15th June—How to Look After Your Feet

20th July—The Myths of Healthy Eating

17th August—Diabetes and Your Eyes

21st Sept—Pills and Insulin

19th Oct—Supermarket Tour

16th Nov—Xmas Gathering



If you wish to discuss the program further, please do not hesitate to contact Denise at Ungooroo on **65 71 5111**, please when you ring leave your name and contact phone number plus how many are coming with you for catering purposes. Please also ring if you require assistance with transport.

COAL & ALLIED

Managed by Rio Tinto Coal Australia



Expression of Interest in FREE TAFE COURSE for ABORIGINAL AND TORRES STRAIT IS- LANDER PEOPLE

(Partial)

Certificate 111 in Child Care Services & Indigenous Trainee- ships in the Child Care Industry **Information Day**

Commencing: 24th March and 8th April 2010

Location: Ungooroo Aboriginal Corporation.

This short course will provide you with practical training in the childcare industry, specifically interacting with children and child protection. The course is a pathway to the full Certificate in Children's Services which provides you with the skills and knowledge to be competent in Childcare and be competent for potential traineeships.

If you are interested in this accredited training, please come along to this information day and become part of this wonderful project



Artwork by Black Butterfly (Kerri-Ann Taggart)



NEW SOUTH WALES
DEPARTMENT
OF EDUCATION
AND TRAINING



HUNTER INSTITUTE

Computer Literacy Training at Ungooroo

Ungooroo Aboriginal Corporation in Partnership with Communication Wise and JSA Providers have initiated a Program for Computer Literacy & LLN Courses at Ungooroo Training Facilities. These will commence 7th April 2010 and 9 & 12th April 2010 with additional courses throughout 2010.

The Content of the sessions are as follows:

Day 1 Email

- Correct use of a computer (OHS)
- Email (setting up a hotmail account, using email)

Day 2 Online applications

- General computer literacy (software, hardware, applications)
- On line applications

You must be registered with a Job Service Provider (JSA) or there is a fee for service charge



Training Room Facility

Training Room Facility for Training, Workshops, Business Focus Groups, Community Consultations. If you wish to hire the room, please call us on 65 715111





MAYAPA

Cultivating Indigenous businesses

Ten Indigenous businesses recently participated in a new business support program called *Mayapa*, a Wanaruah word which means “to cultivate”.



The package, developed and administered by the Hunter Region Business Enterprise Centre (BEC) and the Aboriginal Enterprise Development Officer (AEDO) programme, provides business owners with information on small business tips and traps, business ethics, networking opportunities as well as ongoing mentor and coaching options.

Supported by Coal & Allied Aboriginal Development Consultative Committee (ADCC) the first workshop was conducted at Ungooroo Aboriginal Corporation in Singleton.

“This programme is targeted towards Aboriginal businesses in their first three to 12 months, which is a crucial time in a business’s development.

“As a free resource for business owners, this programme provides a self-help toolkit business owners can use in their own time, as well as a 90 day personal business coaching programme by the AEDO and one-on-one mentoring support over a 12-month period.

The aim of the program is to help increase the long-term viability and retention rate of Aboriginal businesses in our region, to help them build a prosperous, sustainable future.”

Top Right: Toby from CDA—Balas.

Below: Larry & Jamie Everleigh from ‘Acres’ Fencing.





UNGOOROO

ABORIGINAL CORPORATION

ABN: 64 020 872 467



ART WORK FOR Sale at Ungooroo

Painting below is depicting Singleton Community and of surrounding mines in the area with hills in the valley behind.

The painting above is Traditional painting using Ochre colours.

If you wish to view more paintings, please come into the Ungooroo Gallery...



Ungooroo Services Schedule and Information

Elders Morning Tea

Elders Morning Tea will be held at Ungooroo on Tuesday 23rd March 2010.

IBA to Assist with Indigenous Homeownership

Indigenous Business Australia (IBA) will be conducting a workshop and individual interviews with for anyone interested in buying their own home. Richard Burton a representative for IBA will be available date to be determined.

Awabakal Doctors Available

A representative from the Newcastle's Awabakal Aboriginal Medical Service is available once a fortnight beginning Thursday 25th February 2010. Please contact Ungooroo to make an appointment to see a medical professional.

Training Room Facility

A training room is available to be used by any organisation that needs a venue for training courses or conferences. Catering is available when the training room is booked. Call us to book today!

Courses Held at Ungooroo Training Facility

- Computer Literacy
- Aboriginal Historical Workshop TBA

Resume and Job Workshops

A New Careers for Aboriginal People (NCAP) officer, Darren Wright, will be conducting Resume Writing and Job Ready workshops at UAC for Jobseekers & School Leavers on March 2010

Aboriginal Legal Services

Ungooroo staff is able to work with ALS on behalf of clients and can assist with client contact.. In addition, Ungooroo can deliver outreach services in partnership with ALS on various topics.

Families First

Ungooroo can arrange and facilitate a meeting with a field officers to provide assistance with children and child related issues.

Aboriginal Historical Awareness Workshop

If you or staff are interested in attending, please call the office for a booking time , seats are limited. New dates will be set for 2010 for workshops.

New Logo and Website

Ungooroo Aboriginal Corporation is waiting for completion of New Logo and Webpage to be launched. Members and Community will be notified of Launch of new Website and Design in the next few weeks.

LandCare

Ungooroo Aboriginal Corporation is a registered Land-Care Group. Landcare is a national network of thousands of locally-based community groups who care for our country.

Diabetes Workshop

The first gathering was held on Tuesday 16th February and the third Tuesday of every month until November 2010. If you would like to attend or need more information on Community Program, please do not hesitate to contact us on 65 71 5111.



Ungooroo Aboriginal Corporation has been supported by Coal and Allied, Aboriginal Development Consultative Committee.

